

Rancho Family YMCA
Open Swim Times

Activity Pool Schedule: January 2-February 4th

Schedule subject to change

	Main Pool*	Activity Pool	Slide open for 15min
Monday	10:45-12:00pm 1:00 – 3:15pm 7:00 – 9:00pm <i>(Only in the 3 1/2 ft area until 7:50pm)</i>	Closed	
Tuesday	9:00-12:00pm 1:00 – 3:15pm 7:00 – 9:00pm <i>(Family Swim*) (Only in the 3 1/2 ft area until 7:25pm)</i>	Closed	
Wednesday	10:45-12:00pm 1:00 – 3:15pm 7:00 – 9:00pm <i>(Only in the 3 1/2 ft area until 7:50pm)</i>	Closed	
Thursday	9:00-12:00pm 1:00 – 3:15pm 7:00 – 9:00pm <i>(Family Swim*) (Only in the 3 1/2 ft area until 7:25pm)</i>	Closed	
Friday	10:45-12:00pm 1:00 – 5:00pm 5:00-7:00pm <i>(Family Swim*)</i> 7:00-8:45pm <i>(Member Only Family Swim*)</i>	Closed	
Saturday	1:15pm – 6:00pm	1 – 5pm	2,3,4pm
Sunday	12:00pm – 4:45pm	12pm-4:45pm	1,2,3,4pm

Pool Rules

All People Entering the YMCA Must be Members or Pay the Daily Use Fee

- **You must be 48" tall to ride the slide.**
- No running on the pool deck.
- **No gum, food, drinks or band aids in the pool.**
- Kickboards, dumbbells and YMCA pool toys are for swim lessons/lap swimming/aerobics only.
- No swim noodles or balls allowed (exceptions will be for therapy reasons *only* at lifeguards' discretion).
- No glass containers will be allowed in the pool area.
- **Only Coast Guard approved floatation devices will be allowed.**
- Diving will only be allowed from the deck in a depth of 9 feet or over.
- No pushing or horseplay of any kind will be allowed.
- Respect the facility's property.
- Children under the age of 8 years are not allowed in the spa. Children 8-14 years must be accompanied by an adult in spa.
- **Children that are not toilet trained must wear a swim diaper.** They can be purchased at the front desk.
- Lap swim time is for adults (14+) only. All lap swimmers must circle swim when more than two patrons per lane.
There is a maximum of 4 swimmers per lane. Youth lap swim is ages 8-14 .
- In the Activity Pool children under 5 years old must be accompanied by a parent (arms-reach). In the Main Pool children under 8 years old must be accompanied by an adult (arms-reach). No more than 2 children per adult.
- *Family Swim requires that all children under 14 be accompanied by an adult in the water.
- Non-members who utilize the pool are required to pay a day use fee regardless of participation and/or age.
- **Lifeguard is in full charge at all times** and may choose to enforce additional rules to maintain safety.

