



Program

YVOLUNTEERS™

We build strong kids, strong families, strong communities.

Everyone has special skills. Share your skills with others as a YMCA Program Volunteer. You will find a richly rewarding and meaningful experience and help others at the same time through Youth Development, Healthy Living and Social Responsibility .

I am interested in the following areas:

Name: _____

- I can volunteer for Special Events (one time).
- I can volunteer on an ongoing basis.
- I understand Program Volunteers must be at least 18 years of age. (Student Volunteer applications are available for those age 16 and up.)

Availability

- Mon _____ Fri _____
- Tue _____ Sat _____
- Wed _____ Sun _____
- Thu _____

- Child Watch (childcare, Parent's Night Out)
- Youth Sports (coaching, equipment set-up)
List Sports Skills _____
- Wellness Center/Fitness (fitness instructor)
- Y Active Adults (YAA events, clerical)
- Aquatics (swim instruction, lifeguard)
- Family Programs (program assistant/events)
- Gymnastics (instructor, equipment prep)
- Membership/Clerical (general office duties)

Please list any current certifications you hold or other relevant qualities. (i.e CPR/First Aid, Lifeguard Certification)

Please return this form to Member Services Desk. If you have any questions, please feel free to call 858-484-8788. Our Volunteer Coordinator will contact you soon!

"EVERYBODY CAN BE GREAT, BECAUSE ANYBODY CAN SERVE"
-Martin Luther King Jr.