



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CELEBRATING HOMETOWN HEROES



MEMORIAL DAY – MAY 29th

7:00am – 2:00pm

Child Watch

8:00am – 12:00pm

Group Ex Classes

Aqua Zumba w/ Harumi – 8:30am

BodyPump w/ Rachelle – 8:30am

Cycle with Rachelle – 9:45am

Cardio Blast w/ Emily – 9:45am

Yoga w/ Emily – 11:00am