



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RANCHO FAMILY YMCA WEEK TEN | AUGUST 15-19

Theme:
Around the World

CAMP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WAWERS
High-Five Signature	Teambuilding, Roller Racers, Group Games & More!	Going Global- Around the World (Games, Crafts, Songs)	Art	Science	Camp Rally - Around the World	None
High-Five H2O *MEETS AT THE YMCA*	Swimming @ the Y Teambuilding	Swimming @ the Y Library	Swimming @ the Y Art	Swimming @ the Y Science	Swimming @ the Y Camp Rally- Around the World	None
Trekker/Explorer Signature	Teambuilding, Archery, Group Games & More!	Swimming @ the Y *Please wear your swimsuit to camp*	Going Global- Around the World (Games, Crafts, Songs)	Birch Aquarium	Camp Rally - Around the World	None
Flag Football	Swimming @ the Y Football @ Canyonside	Swimming @ the Y Football @ Canyonside	Swimming @ the Y Football @ Canyonside	Swimming @ the Y Football @ Canyonside	Swimming @ the Y Football @ Canyonside	None
Gym & Swim	Swimming @ the Y Gymnastics @ Canyonside Rec Center	Swimming @ the Y Gymnastics @ Canyonside Rec Center	Swimming @ the Y Gymnastics @ Canyonside Rec Center	Swimming @ the Y Gymnastics @ Canyonside Rec Center	Swimming @ the Y Gymnastics @ Canyonside Rec Center	None
STEM Science	Teambuilding Science @ the Y	Archery Science @ the Y	Science @ Scripps Swimming @ the Y	Pickleball Science @ the Y	Science @ the Y Camp Rally - Around the World	None
LEGO & Swim	Swimming @ the Y LEGOs @ the Y	Swimming @ the Y LEGOs @ the Y	Swimming @ the Y LEGOs @ the Y	Swimming @ the Y LEGOs @ the Y	Swimming @ the Y LEGOs @ the Y	None
Paintball	Paintball @ Mr. Paintball	Paintball @ Mr. Paintball	Paintball @ Mr. Paintball	Paintball @ Mr. Paintball	Paintball @ Mr. Paintball	*Additional waiver- Mr. Paintball

Remember to bring: A lunch, two snacks and water each day. Please send your camper wearing closed-toe shoes.

Parents: When signing out your child, parents are required to bring their photo ID every day. This is for the safety of your child.

Schedule is subject to change



Camp Hours: 9:00am-4:00pm
Camp Director: Sarah Trujillo
Camp Coordinators: Kevin & Kristen
Meeting Location: Scripps- 10481 Scripps Poway Parkway, San Diego, CA 92131